

Agency Overview

Founded in 1969, the Drug Abuse Alternatives Center (DAAC) is one of the oldest and largest alcohol and drug treatment organizations in Northern California. We offer affordable and comprehensive services which include outreach, education, intervention, assessment, treatment and follow-up care for youth and adults.

DAAC's mission is *Turning Lives Around* by providing healthy alternatives to alcohol and other drug use. Highly-trained counselors treat more than 2,000 clients every year from Sonoma County and outlying areas.



DAAC programs have helped thousands of people regain healthy and fulfilling lives.

30-270 Day Treatment Options

Turning Point Residential Treatment programs are affordable and proven to be successful. Treatment programs are from 30-270 days in length.



Turning Point's Arrowood Facility

Clients of Turning Point are assigned a Primary Case Manager who monitors their care, and provides individual counseling and support throughout their treatment stay. The "Passport to Recovery" transitions clients through different phases in their treatment. Main topics covered in daily education groups include:

- Drug Education
- Living Skills
- Anger/ Stress Management
- Recovery Skills
- Relapse Prevention

Additional groups held throughout the week focus Tobacco Cessation, Criminal Addictive Thinking, Parenting in Recovery, and Grief & Loss. All clients are welcome and encouraged to attend lifetime aftercare at Turning Point, at no extra charge.



Turning Point flower gardens and outdoor volleyball court. Not shown: organic garden area, basketball court & social areas.

Working Adult Program

The **Working Adult Program** is designed for adults who are employed and at possible risk of losing their jobs. The program is particularly appropriate for individuals who have been in treatment before and then relapsed.



The minimum stay is 30 days, with additional 30 day treatment segments available as necessary. The program has two main stages:

- **Stage I (Stabilization)**

Eight (8) days of treatment at the Arrowood Facility designed as a stabilization period during which the client does not work, but instead focuses on regaining physical and mental health. Stage I may be extended for seven (7) days.

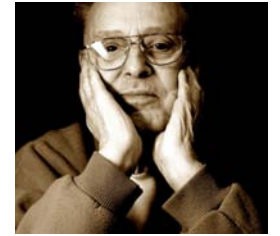
- **Stage II (Return to Work)**

For the next 15-22 days of treatment, the client returns to work and treatment is provided during the evenings and weekends. Stage II focuses on developing a strong support system with good work/life balance. At the beginning of this stage, the Primary Case Manager and the client work to formulate a detailed exit/transition plan for the return home. Stage II may be extended for up to 30 additional treatment days. Upon completion of the Working Adult Program, clients are encouraged to participate in Continuing Care through DAAC's Adult Outpatient Program.

This treatment program also provides individual and group counseling, and family support.

Opiate Treatment Program

People who are addicted to opiates, may desire to receive Narcotic Replacement Therapy (NTP) in the form of Methadone or Buprenorphine. Individuals on NTP may be considered for residential treatment at Turning Point. Clients may first enroll in DAAC's Redwood Empire Addictions Program (REAP) for Methadone or Buprenorphine detoxification or maintenance, and concurrently participate at Turning Point. Or, arrangements can be for clients receiving treatment therapy through their private physician.



Continuing Care through Adult Outpatient Services

Returning home after completing residential treatment is often a time of great vulnerability. Additional treatment greatly improves the chances of long-term success.

The focus of Continuing Care through the Outpatient Program is to fully integrate changes learned from Residential Treatment and to develop a comprehensive Relapse Prevention Plan.



Our approach is a positive one that assumes each person has the ability to change their own life, if given appropriate support

Fee Schedule

30-Day Residential Treatment: **\$4,900**

30 day Working Adult Program: **\$4,900**

Additional 30 day Residential Treatment Segments: **\$3,200**

Additional Fee for 21-Day Methadone De-toxification: **\$275**

Additional Fee for Methadone Maintenance per Month: **\$350**

Continuing Care Adult Outpatient Program (first 30 days): **\$820**

Additional 30-day Continuing Care Outpatient Segments: **\$660**

A Payment Plan Option is available for the 30-Day Residential & Working Adult Programs for individuals who qualify themselves or through a family member

Other DAAC Programs

- **Adult and Youth Outpatient Treatment** offers individual and group counseling and family support **(707) 544-3295**
- **Redwood Empire Addictions Program** provides Methadone and Buprenorphine detoxification & maintenance treatment **(707) 526-2999**
- **HIV/Hepatitis C Health Services** offers FREE HIV and hepatitis C testing, education, and syringe exchange **(707) 544-3295 x342**
- **Perinatal Intensive Day Treatment** for parenting and pregnant women **(707) 566-0170 x317**

Co-Occurring Disorders

At Turning Point, a specialized treatment program is also available for people with mental health problems, in addition to their primary alcohol and other drug disorders.

Clients with Co-Occurring Disorders are assigned a Primary Case Manager with particular experience in working with this community. In addition to the standard educational curriculum, Turning Point offers a treatment track of co-occurring disorder psycho-educational groups. A Masters-level Clinical Coordinator, a Licensed Marriage & Family Therapist and a Psychiatrist are available on-site. Clients on psychotropic medications are monitored by the program's Medical Director and Medical Technicians to ensure medications are available and taken as prescribed.

Focus on Families

Substance abuse impacts families. DAAC recognizes the need to support and involve family members in the course of an individual's treatment. Family counseling helps families become aware of their own needs as well as identifies their strengths & resources. At Turning Point, individual family counseling, as well as a 4-week course is provided at no charge while the client is in treatment.



Through DAAC's Outpatient Program, a free **Family and Friends Group** is offered weekly. Participation is voluntary, and there is no set limit on length of participation. The group has a set curriculum, but is also peer-driven and supported. Individual & family counseling is also available on a sliding scale basis.

Treatment Works, Recovery Happens!

Independent research studies over the last 10 years consistently show that **70% to 75%** of DAAC's Turning Point clients have not used alcohol or other drugs after completing treatment.

Over 80% of former clients either participate in job training or are employed and have no new arrests or probation violations.



Contact the Intake Office for more information on Turning Point Residential Programs
(707) 284-2950
Monday thru Friday
9 AM to 5 PM

DAAC is a non-profit organization funded by public, private and government sources. All services are strictly confidential, and all treatment programs are licensed or certified by the State of California.

Visit us online to learn more at:



www.daacinfo.org

Turning Point Residential Program
440 Arrowood Drive
Santa Rosa, CA 95407



Drug Abuse Alternatives Center
Turning Lives Around

Turning Point Residential Program

30-270 Day Treatment
Working Adult Program
Co-Occurring Disorders
Opiate Addiction Program



Turning Lives Around
... since 1969

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Monday thru Friday 9 am - 5 pm
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24 hours a day