



**Drug Abuse
Alternatives
Center**
Turning Lives Around

Family and Friends Group

— **FREE ongoing weekly drop-in group** —

Codependency - What does it mean?

Doing the wrong things for the right reason?

In a small group setting, learn about the impact of addiction on you, your family and friends & how to cope in a supportive and healthy way.

Explore Issues of:

- Enabling
- Denial
- Minimization
- Rationalization
- Care taking

Share:

- Lists of local resources
- Educational materials, pamphlets, articles, and books/videos on loan

Family and Friends Group is a weekly, ongoing group

(for adults and youth 16 years and older)

(no fee), every Tuesday from 6:30-8:00pm

at the Drug Abuse Alternatives Center

2403 Professional Drive, Santa Rosa, CA

For more information, call Lynne Burke at 544-3295 x352

Individual and family
counseling also available.

Please contact Lynne Burke
to schedule.

Sliding-scale fees apply.

Lynne Burke, MA, RAS has a Master's degree in Counseling/Psychology and is a Registered Addiction Specialist with more than 24 years in the field of substance abuse treatment and counseling.

Lana Sremba, LMFT, AOD Counselor Intern, in private practice for 22 years and emphasizing creative problem-solving in her approach.