

In response to a service that is greatly needed in our community  
**PURA VIDA RECOVERY SERVICES**  
Is now offering

# FAMILY AND FRIENDS SUPPORT GROUP



Tuesdays 7:30 - 9:00 pm

Located at:

130 Stony Point Rd. Suite D  
Santa Rosa, CA 95401

*A free, drop in support circle for people wanting support around their loved one's addiction and recovery.*

Family and Friends Group is a weekly, ongoing group for adults and youth 16 years and older. Participants are provided a safe place and an opportunity to share with others, create connections and begin their own process of healing.

We explore Issues of:

- ▶ Co-Dependency
- ▶ Enabling
- ▶ Self Care

Share information:

- ▶ Local resources
- ▶ Educational materials
- ▶ Reading materials

Family and Friends Group is co-facilitated by Lynne Burke, Roger Brown and Michelle Montalbano in collaboration with PURA VIDA.

Lynne Burke, MA, is a registered Addiction Specialist with more than 25 years in the field of substance abuse treatment and counseling

Roger Brown has personal experience with loved one's in their addiction.

Michelle Montalbano is a case manager in a local in-patient treatment center for women and children and working on her CCAPP certification for AODS.

For more information: please contact Michelle Montalbano: 707.799.0933